



# CHRISTINA PAGANO

## KROC FIT LEAD COACH

---

### EDUCATION

M.S. in Education

---

### CERTIFICATION

CrossFit Level 1 coach

---

### HOURS

Monday – Friday  
Evening classes

---

### PROFILE

I am originally from California, but have lived in the Upstate since 2011. I have 2 kids and 2 dogs. I am an Early Interventionist working with families of children with developmental delays. Outside of that, you can find me at the gym. I have been involved with CrossFit for 6 years. I inspire to help others reach their goals in a safe and fun environment. I am so excited to be a part of this amazing program, and look forward to all the fun we'll have while challenging each other to go further.